

### Whizz Kids Timetable 12 Children or Less - Swimming Towers



	8.15 am - 9.00 am	9.00am	9.15am	9.30am - 10.45am	10.45 am	11.30am	12.15pm	12.45pm	1:45pm	2.30pm	3:15pm	3.45 pm	4.15pm	4.15pm - 5pm	5pm - 6.00pm
<b>Monday</b>	Early Bird	Welcome /Club Warm Up	Club Run/ Exercise /Warm Up	Swimming	Break (Snack From Lunch Box)	Themed Junk Modelling	Old School Games	Lunch/ Play Time	Painting Of Junk Modelling	Dodgeball/ Football/ Tennis/ Tag Rugby	Tuck Shop / Break	Free Choice	Club Warm Down/ Play Time	Late Leavers	Late Leavers+
<b>Tuesday</b>				Swimming		Talent Show Rehearsals	Benchball/ Old School Games		Free Choice	Talent Show Live		Talent Show Live			
<b>Wednesday</b>				Swimming		Whizz Kids Play Rehearsals	Theme Of The Week Quiz		Free Choice	Whizz Kids Play Live Show		Whizz Kids Play Live Show			
<b>Thursday</b>				Swimming		Food Decorating	Old School Games		Themed Arts and Crafts	Construction		Free Choice			
<b>Friday</b>				Swimming		Whizz Kids Collage - Material Collection	Whizz Kids Collage (Extended)		Man Hunt/ Hide and Seek/ Capture the Flag	Party Games		Friday Film Fun			

**If ALL children wish to do the same activity EG: Whizz Kids Play, this is okay and will be at the supervisors discretion**

**Activities Lists:**

**Sports Choices:**

Football	Football Cricket
Cricket/Kwick Cricket	Obstacle Course
Tennis/Short Tennis	Escape & Invasion
Basketball	Parachute Games
Rounders	Benchball
Tag Rugby	Longball
Mini Sports	Frisbee
Mini Olympics	Handball
Dodgeball	Team Games
	Field Games

Plus any suggestions the children may have

**Creative:**

**See the white board for the theme of the week**

Arts and Crafts	Picnics
Face Painting	Food Decorating
Painting	Dance
Sticky Stuff	Drawing
Modelling	Drama
Play Dough	Story Telling
Treasure Hunts	Colouring

Talent Show

Easter Egg Hunts (Easter Only)

Plus any suggestions the children may have.

**Team Building:** An activity decided by the supervisor which

must encourage the children to work as a team to achieve a goal

**Warm Up Choices:**

Sharks and Fishes  
Tag  
Corners  
Fruit Salad  
Name Games  
and any suggestions the children may have.

**Notes:**

**Food Decorating:** Basic decorating ie Cake/Bun/Biscuit/Cookies, Rice Krispie cakes etc.

**Whizz Kids Display:** Welcome to Whizz Kids, each letter cut out in A4 paper and decorated in the style of the theme of the week to be displayed at reception.

**Collage:** This is to be added to daily and be based on the theme of the week.

Friday session 1 they collect materials and session 3 they make the collage. This is to be displayed at reception on completion.

**Free Choice:** This is a choice of any of the activities listed that hasn't been done that day. The children may help in choosing this activity.

**Timetable Exception:** In the event that you have a particularly sporty or crafty group, the timetable may be changed to suit your children's wishes.

**Junk Modelling:** Using old bottles, cardboard and any other forms of recyclable materials to create a model in line with the theme of the week

**Arts and Crafts:** In line with the theme of the week with music on in the background.

**The Construction Corner:** An area for children who don't wish to participate in the given activities.

If you have children using the corner they must be supervised. **(Please try and get the child involved 3/4 times before allowing this)**

If Construction is on the timetable increase the size of the Construction corner and create something using the theme of the week.