

Whizz Kids Timetable 13 or More Children - General (Shoreham site only - swimming will replace two of the daily activities - summer holidays only.)



	8.15 am - 9.00 am	9.00am	9.15am	9.30am	10.15am	11.00 am	11.30am	12.15pm	12.45 pm	1:45pm	2.30pm	3:15pm	3.45pm	4.15pm	4.15pm - 5pm	5pm - 6.00pm
Monday	Early Bird	Main Session Start	Club Run/ Exercise/ Warm Up	Whizz Kids Display With Music	Parachute Games	Break (Snack From Lunch Box)	Dodgeball	Old School Games	Lunch / Play Time	Man Hunt/ Hide and Seek/ Capture the Flag	Football/ Tennis/ Tag Rugby	Tuck Shop / Break	Free Sports Choice	Club Warm Down / Play Time	Late Leavers	Late Leavers+
					Themed Junk Modelling		Painting Of Junk Modelling			Team Building	Construction		Free Creative Session Choice			
Tuesday				Dodgeball/ Football/ Tennis/ Tag Rugby	Rounders/ Cricket/ Football Cricket		Free Sports Choice	Benchball/ Old School Games		Construction	Benchball/ Races/ Basketball/ Rounders		Talent Show Live			
				Themed Arts and Crafts With Music	Themed Colouring		Free Creative Session Choice	Team Building		Talent Show Rehearsals	Themed Paper Plate Art					
Wednesday				Cricket/ Football/ Cricket/ Rounders	Dodgeball/ Benchball/ Tag		Free Sports Choice	Theme Of The Week Quiz		Old School Games	Frisbee/ Invasion Games		Whizz Kids Play Live Show			
				Themed Arts And Crafts With Music	Hangman/ 20 Questions/ Hot Seat		Free Creative Session Choice			Whizz Kids Play Rehearsals	Food Decorating					
Thursday				Man Hunt/ Hide and Seek	Benchball/ Basketball/ Rounders/ Dance		Tag Rugby/ Capture The Flag	Old School Games		Rounders/ Cricket/ Quick Cricket	Tennis		Free Sports Choice			
				Themed Mask Making	Story Telling		Themed Paper Plate Art			Painting Of Masks/ Paper Plate Art	Construction		Free Creative Session			
Friday				Football	Cricket		Old School Games	Free Choice		Party Games	Friday Film Fun		Friday Film Fun. (Extended)			
				Whizz Kids Collage	Food Decorating		Whizz Kids Collage (Extended)									

If ALL children wish to do the same activity EG: Whizz Kids Play, this is okay and will be at the supervisors discretion

Activities Lists:

Sports Choices:

Football	Football Cricket
Cricket/Kwick Cricket	Obstacle Course
Tennis/Short Tennis	Escape & Invasion
Basketball	Parachute Games
Rounders	Benchball
Tag Rugby	Longball
Mini Sports	Frisbee
Mini Olympics	Handball
Dodgeball	Team Games
	Field Games

Plus any suggestions the children may have

Creative:

See the white board for the theme of the week

Arts and Crafts	Picnics
Face Painting	Food Decorating
Painting	Dance
Sticky Stuff	Drawing
Modelling	Drama
Play Dough	Story Telling
Treasure Hunts	Colouring

Talent Show

Easter Egg Hunts (Easter Only)

Plus any suggestions the children may have.

Team Building: An activity decided by the supervisor which must encourage the children to work as a team to achieve a goal

Warm Up Choices:

Sharks and Fishes

Tag

Corners

Fruit Salad

Name Games

and any suggestions the children may have.

Notes:

Food Decorating: Basic decorating ie Cake/Bun/Biscuit/Cookies, Rice Krispie cakes etc.

Whizz Kids Display: Welcome to Whizz Kids, each letter cut out in A4 paper and decorated in the style of the theme of the week to be displayed at reception.

Collage: This is to be added to daily and be based on the theme of the week.

Friday session 1 they collect materials and session 3 they make the collage. This is to be displayed at reception on completion.

Free Choice: This is a choice of any of the activities listed that hasn't been done that day. The children may help in choosing this activity.

Timetable Exception: In the event that you have a particularly sporty or crafty group, the timetable may be changed to suit your children's wishes.

Junk Modelling: Using old bottles, cardboard and any other forms of recyclable materials to create a model in line with the theme of the week

Arts and Crafts: In line with the theme of the week with music on in the background.

The Construction Corner: An area for children who don't wish to participate in the given activities.

If you have children using the corner they must be supervised. **(Please try and get the child involved 3/4 times before allowing this)**

If Construction is on the timetable increase the size of the Construction corner and create something using the theme of the week.

Old School Games Ideas:

Wink Murder

Sleeping Lions

four Corners

Balldog